|  |
| --- |
| Everyone knows that life nowadays is very busy. People don't have time to build up normal daily relations, the internet has already substituted a significant part of human relations. More and more people obsessed with gaining money but total amateurs in a complicated and controversial net of feelings' world are becoming victims of their gullibility - consumption culture teaches us that everything can be bought. |
|  |  | This situation is a fertile soil for all kinds of quacks, or so called shrinks who pulling the wool over eyes of miserable clients make a happy living. You can accuse me of being |  |  |
|  |  | Disregarding towards old and honorable science of psychoanalysis which a lot of famous people have dedicated their time to. What can i object to all those well-developed dogmas about unconscious, fraudian slip, fragile inner world balance and its successful treatment by pills(or just placebos)? |  |  |
|  |  | Well, in my opinion, all Those theories are Not complete hokum but nevertheless i do believe that nebulous philosophizing about life (which is an integral part of such works) doesn't serve for solving problems. Moreover, too scientific approach can lead to a fatal situation - making erroneous diagnosis. |  |  |
|  |  | Maybe it's better to use public pressure to discourage rigorous clinical trials to prevent people from wasting their money, indulging frauds and leave desperate people in this enteral rat race to their own devices. I also don't share this point of view. |  |  |
|  |  | I am inclined to believe that approach of doctors should be more personal. He should be able to understand human nature, feel unconsciously deep inside feelings and motives of deeds. Do you think there are a lot of such people?at least, they are not that numerous as shrinks are. Moreover, having soul problem you are the only person that can help yourselves. It is only you who can overcome the stress-to look at a situation rationally, to find out about its roots, to expunge the myth of impossibility to resolve this problem. |  |  |
|  |  | Of course, most people need support to do it but an ideal candidate is a person who knows you well -the best friend or a close relative. Moreover, in most cases you can be pretty sure that they don't want to cheat you. Of course, in some situations you can't ask them for help - in this case you have to go to a shrink. But you should bear in mind that the thing that you pay money and go on complaining and coming back to a disturbing event in your life doesn't mean that you are sure to get rid of its presence your mind. You need to do a hard work to overcome it and the only thing that a pshycologist can do is create a basis of your recovery. The bulk of work is still yours. That is the thing when no matter how much money you have the work won't be done instead of you. |  |  |